



SKR Home and Healthcare Solutions is excited to introduce our new service line - Lymphatic Drainage Massage (LDM). We have attached our brochure highlighting the importance of LDM before and after surgery.

We work closely with all doctors and their teams to monitor and deliver this important therapy that continues to prove that the technique of LDM helps you heal much faster and is excellent for your digestive system and for your overall health. Our nurses that provide this service are warm, nurturing, have excellent bedside manner, are extremely knowledgeable and will make this experience for you one where you will see results immediately. We have pictures and testimonials to prove this fact.

The experience would start with one or two pre-op LDMs in our Bala Cynwyd Office and then post-surgery when you have been cleared by the doctor, we would start the post-op LDM for an approximate 6-week period all dictated by the doctors, nurses and our wellness team.

The first 6 LDMs would be in your home as limited driving is suggested and once you are ready to start moving again, you would return to our Bala Cynwyd Office and finish out your massages there. As this is a case-by-case situation, each case would be designed by our team (with your doctor's approval of course) and we would be flexible to each of your limitations.

The goal is all the same - to see maximum results in a shorter period plus providing overall wellness to you! There is no minimum or maximum number of LDMs you can have, but these examples are the suggestions of the time frame from our doctors with whom we are currently working. This therapy is open to clients not having surgery as well so please pass this information on to anyone who could benefit from this type of massage.

Our pricing is \$275 per hour. If we go to your home, it is the same price plus mileage (if over a 5-mile radius). We also have a payment structure plan where you would pay a deposit of 6 LDMs and then after we complete the remainder, we would collect the balance on your account. If you do not need as many, we would credit you back or keep your credit for future use. If you are satisfied with the therapy and happy with the results and would like to continue, you could also pay at each future session. We are happy to work with any payment plan.

Thank you again for choosing SKR!

